



Baby Care Basics

The perfect parent guide — all the essential information you need about babies, from birth to 12 months old.

Despite all the planning in the world, nothing can quite prepare you for the big step from pregnancy to parenting. What can make it even more challenging is all the well-intentioned but often confusing advice offered by family and friends.

Written by leading pediatric experts in a friendly, easy-to-understand style, *Baby Care Basics* offers a concise yet comprehensive wealth of reliable information that will help you make the right choices for your baby. And its full-color pages are hugely engaging and user-friendly.

The topics are broken down chronologically to help you access the information you need quickly and easily, whether you've just given birth, have just arrived home from the hospital, are learning the ropes with your newborn or are gaining experience as your baby grows and develops.

You'll learn everything you need to know about breast- and formula-feeding, introducing solid food, treating your baby's illnesses, sleep habits, playing with your baby and much more.

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